Office Policies and Agreement Participation

The following is an outline of office policies and important information about the counseling process. Please read this information carefully and feel free to raise any questions you have.

Confidentiality

All information disclosed during sessions, including that of minors, is confidential, and may not be revealed by me or anyone without prior written consent by you, EXCEPT where disclosure is either permitted or required by law. Disclosure is mandated under the following circumstances:

- 1. When client communicates a threat of bodily injury to another person;
- 2. When the client is suicidal;
- 3. When there is reasonable suspicion of child abuse or neglect, or abuse to a dependent or elder that has occurred or is likely to occur.

Appointments and Cancellations

Appointments are based on a 50-minute hour. A minimum of <u>24-hours notice</u> is required for rescheduling or cancelling an appointment. To avoid being charged for the cancelled session, text or call my cell to cancel in time.

Payment

Payment is due at each session. I accept cash or check for payment. I do not accept insurance at this time, but some insurance companies will cover mental health treatment. I will be happy to supply you with a statement to submit to your provider for reimbursement. In addition, payment for any legal work on your behalf (depositions, subpoena, etc.), is \$295 per hour.

Benefits of therapy

Benefits include (but are not limited to): positive changes in your communication and relationships, an interest in your own growth potential, better relationship with yourself and others, etc. You will learn tools to think and speak rationally.

Risks of therapy

The therapeutic process requires effort and change. The process may be disruptive; homework is required for change; treatment may take longer than you think; the process could be emotionally upsetting, your marriage may still end, etc.

Specializations

I am a Transactional Analysis Practitioner and a Certified WANT® Communication Educator. This means I analyze communication and behavior patterns, and also teach effective communication tools and strategies. The tools and strategies are designed to change disruptive emotional speech patterns into loving, rational communications.

Telephone Consultations

I am available for phone sessions, subject to our regular pre-set fee. Sessions can be 15, 30 or 45 minutes, as well as an hour.

Termination

You have the right to end therapy at any time. I also have the right to end treatment if I believe you are not benefitting from it, if issues arise that are not my expertise, or for other clinical reasons.

Emergencies

In an emergency you can call my cell at 818-314-8598. If I am unavailable call 911 or go to the nearest emergency room.

Consent:

By signing below, you are stating you have read and understood this policy statement and any questions have been answered to your satisfaction.

Client Name: (printed):	Date:
Client Signature:	-
Client Name: (printed):	Date:
Client Signature:	